

# COLOMBIA-ECUADOR

## Andes to Amazon

35 days

28 Aug - 01 Oct 2026

Approx. 3,300 km

### EXPLORATORY

#### Part 1: Colombia

The journey begins in Colombia, a country that has undergone a remarkable transformation to become one of the world's top travel destinations. With its biodiversity, lush rainforests, historic sites, variety of climates and vibrant cities, this country offers interesting and welcoming experiences with unique regional cuisine that reflects the rich blend of indigenous, African, and Spanish influences.

#### Part 2: Ecuador

After a short flight the adventure continues in Ecuador. Nestled between the Andes Mountains and the Pacific coastline, Ecuador offers travellers beautiful landscapes, vibrant culture, and warm hospitality. From the heights of Cotopaxi volcano to the Amazon rainforest, Ecuador offers diverse ecosystems and rich history.

#### Part 3: Optional Galapagos



**Self Drive**  
**ADVENTURES**  
GUIDED TAGALONG TOURS

[www.selfdriveadventures.com](http://www.selfdriveadventures.com)

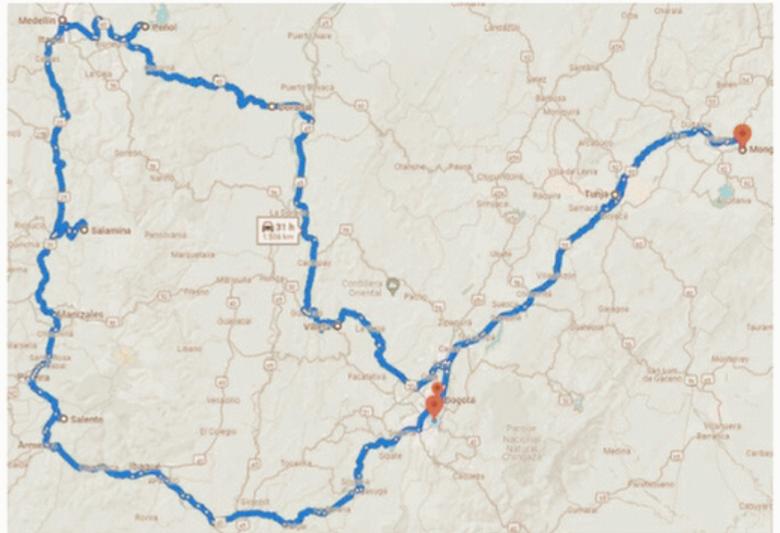
# The Route



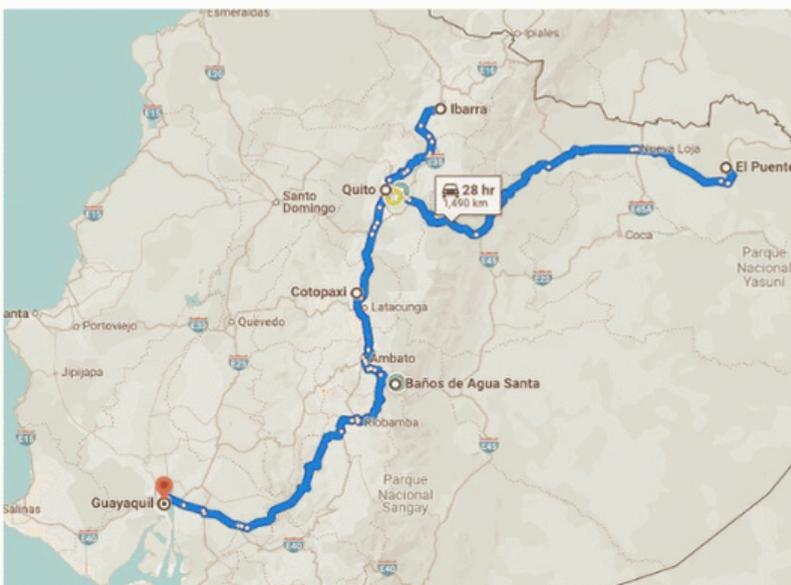
## Highlights include

### Colombia:

- Colonial charm of Villa de Leyva
- Scenic beauty of Laguna de Tota and Monguí
- Vibrant culture of Medellín
- Lush coffee regions
- Colorful Guatapé
- Dramatic landscapes of Los Nevados National Park and more...



Approximate distance: 1,500km



Approximate distance: 1,800km

### Ecuador:

- Buzzing markets of Otavalo
- Amazon biodiversity of the Cuyabeno Reserve
- Relaxing Papallacta hot springs
- Majestic Cotopaxi and Chimborazo volcanoes
- Rich heritage of Cuenca, the ancient Ingapirca Ruins
- Lush beauty of Cajas Reserve and more...

**Please Note:** Itinerary subject to change dependent on accommodation availability and the support team decides on final route as per current conditions on day of travel.

[www.selfdriveadventures.com](http://www.selfdriveadventures.com)



**Self Drive**  
**ADVENTURES**  
GUIDED TAGALONG TOURS

# Itinerary

## DAY 1: Transfer In - Bogotá Airport

An English-speaking guide will drive you from El Dorado International Airport to your hotel. This private transfer takes about 45 minutes. There will be an afternoon briefing followed by a welcome dinner.

## DAY 2: Uncovering Bogotá's Gems

Your adventure begins in Colombia, with a tour of Bogotá. Start in La Candelaria, the city's most beautiful neighbourhood, where colourful street art adorns every corner. Dive into culture at the Botero Museum, featuring works by Colombia's famous painter and sculptor, Fernando Botero, known for his exaggerated figures (closed on Tuesdays). Next, explore the Gold Museum, where pre-Columbian treasures tell the story of the indigenous peoples who once thrived here (closed on Mondays). For those seeking a spectacular finish, an optional ride up to the Monserrate lookout offers incredible panoramic views of the city (optional). Breakfast and lunch included

## DAY 3: Salt Mines and Valleys

Today you'll transfer to the car pickup location in Bogotá, then drive to Zipaquirá to visit its famous cathedral built deep in the salt mines. This underground Roman Catholic church still holds mass, amidst tunnels lined with salt crystals. After touring the Zipaquirá Salt Cathedral, drive down to Villa de Leyva. Along the way, you'll stumble upon charming colonial towns, each with its own unique story to tell. The cobblestone streets of **Villa de Leyva** beckon you to wander through its well-preserved architecture, transporting you back in time. Breakfast and lunch included

Total drive time is approx. 4 hours, 187 km

## DAY 4: Secrets of the Lake

Today's drive takes you on a scenic journey through Colombia's Boyacá region. The road from Villa de Leyva to Tunja winds through rolling green hills and lush valleys dotted with traditional farms and charming villages. Picturesque viewpoints along the way capture the region's Andean vistas and rich cultural history. Continue to Laguna de Tota, Colombia's largest natural lake, located close to white sand beaches like Playa Blanca, surrounded by lush hills. Finally, drive to **Monguí** where you will spend 2 nights. Breakfast included  
Total drive time is approx. 5 hours, 190 km



### **DAY 5: Experiencing Monguí at Your Leisure**

On this free day our local guide will take you around the town, visiting Puente de Calicanto, Basilica of Our Lady of Monguí and ball-making factories. Rest of the day to sip Colombian coffee amidst the bustling local scene, explore the secrets of the ancient Puente de Calicanto, delve into the páramo for panoramic vistas and the enchanting frailejón plants, sample a traditional Boyacense feast or peruse the artisanal shops for unique finds. Breakfast included



### **DAY 6: From Páramo Peaks to Tropical Valleys**

Depart the quaint streets of Monguí for the misty páramo, where the rugged beauty of high-altitude plains and unique frailejón plants await. Descend into a shift from mountain chill to tropical warmth, winding through lush valleys, by waterfalls and alongside shimmering rivers. Pass through picturesque villages sharing stories of Colombian rural life. We spend the night in **Villeta**, known for sugarcane fields and waterfalls. Breakfast included. Total drive time is approx. 5.5 hours, 300 km



### **DAY 7: Tropical Wilderness Adventure, Río Claro**

Today's journey from Villeta to Río Claro Canyon Natural Reserve covers vibrant tropical scenery. Wind through lush green hills as the climate warms towards the Magdalena Valley, encountering charming towns, fertile fields, and Colombia's rural essence at every turn. As you near the Magdalena River, the terrain shifts dramatically, with towering cliffs and dense forests guiding your path. Descend into a lush valley where the river weaves through dense jungle, leading to the dazzling **Río Claro**. We have two nights here with time to explore emerald waters carving through marble canyons. All meals included. Total drive time is approx. 3 hours, 157 km



### **DAY 8: Río Claro Canyon Natural Reserve**

Day at your leisure. At Río Claro, explore the Cueva de los Guácharos, with its stunning rock formations and underground rivers, or go rafting on the crystal-clear waters surrounded by lush jungle. Hike the reserve's trails for bird watching, spotting toucans, parrots, and the elusive Guácharo bird. For more excitement, zip-line through the forest or take a refreshing swim in the emerald river. In the town of Doradal, admire the Mediterranean-inspired architecture. A peaceful trip to the Río Magdalena offers boat rides, fishing, and beautiful views, making this area a traveller's paradise. All meals included



### DAY 9: From Doradal to Guatapé

On today's journey you will be captivated by the ever-changing landscapes. Overlooking **Guatapé**, is the mighty Peñol Rock, a colossal monolith that offers breathtaking panoramic views of the surrounding area. Hop on a boat ride and let the gentle waves carry you through the pristine waters of Guatapé Lake and when hunger strikes, indulge in a delicious lunch, savouring the flavours of the region. Breakfast included. Total drive time is approx. 3.5 hours, 118 km



### DAY 10: Guatapé

A free day in Guatapé to relax and explore in one of Colombia's most colourful towns. In the morning those who would like to take the optional climb of the 740 steps to reach the summit (Piedra del Peñol) will go with our guide. Otherwise, stroll along the malecón (boardwalk) to browse handicrafts, local art, and souvenirs. The vibrant atmosphere and friendly locals make it a pleasant way to unwind. For a bit of adventure, rent a kayak or paddleboard to explore the lake at your own pace. As the day winds down, find a cosy café or bar in the town square to enjoy a drink while watching the sunset over Guatapé's vibrant streets. The town's lively yet laid-back vibe, paired with the surrounding natural beauty, creates a truly memorable experience. Breakfast included



### DAY 11: From Guatapé to Santa Elena

The road winds through rolling green hills and dense pine forests, invigorated by the crisp mountain air. The journey passes through farmland with traditional fincas and flower fields, hinting at Santa Elena's floral heritage. Charming villages dot the landscape, offering glimpses of rural life and opportunities to enjoy local treats or sweeping valley views. As you ascend into the mountains, the scenery becomes more dramatic, with misty peaks and lush vegetation. Arriving in **Santa Elena**, the birthplace of the famous silleteros tradition, you'll be welcomed by vibrant flowers and warm hospitality, capping. Breakfast and lunch included. Total drive time is approx. 2 hours, 70 km



### DAY 12: Medellín Wonders

After a 20-minute drive to Arví Park you'll hop on a cable car for a fun ride into Medellín for a full-day tour, visiting the lively Plaza Botero, Parque Berrio, and Santo Domingo. In the afternoon, get a closer look at the transformation of Comuna 13, a neighbourhood that's gone from dangerous to joyful, with colourful street art and bustling energy. Soar above Medellín in the cable cars for breath taking views before heading back to Santa Elena in the late afternoon. Breakfast and lunch included



### **DAY 13: Entering the Coffee Region Through Salamina**

From Santa Elena's flower-filled highlands you'll drive to where the Coffee Region's traditional fincas invite you to learn about the coffee-making process or enjoy a fresh brew. Upon reaching **Salamina**, one of Colombia's most beautiful and authentic villages, founded in 1852, you'll explore its highlights with a local guide. Visit the main square, La Basílica, the cemetery, and La Última Lágrima (the last tear), a unique bar. The tour includes stops at two traditional houses, where you can enjoy regional snacks and experience the town's beautiful architecture, complete with wooden balustrades, terraces, and vibrant flower-filled spaces. Breakfast, lunch and regional snacks included. Total drive time is approx. 5 hours, 170 km



### **DAY 14: San Félix and Samaria Valley**

Today, a day trip from our base is Salamina to visit the Samaria Valley, about an hour away near San Félix. Here you'll find towering wax palm trees similar to those in the Cocora Valley. The scenic route to the valley includes stops for photos and breath taking views. You can choose a longer or shorter walk through the valley, guided by your preferences. At the Mirador, enjoy a panoramic view and a local lunch. The Mirador also hosts a conservation project to protect and plant new wax palms. You can plant your own tree for AUD17 per year, with a sign bearing your name, while the project plants five additional trees for each one you sponsor. Breakfast and lunch included. Total drive time is approx. 2 hours (1 hour each way)



### **DAY 15: Discovering Salento**

Start your day with a scenic drive from Samaria to the charming town of **Salento** where you will spend 2 nights. As you wind through the rolling hills, you'll pass through quaint villages and expansive coffee plantations, offering a glimpse into the heart of Colombia's coffee culture. Upon arriving in Salento, known for its colourful colonial architecture and vibrant atmosphere, take time to explore the town's bustling streets, visit local artisan shops, and enjoy a traditional meal. In the afternoon, you can visit a nearby coffee farm or hike in the stunning Cocora Valley, home to towering wax palms and breath taking views. Breakfast included. Total drive time is approx. 4 hours, 160 km



### **DAY 16: Coffee Tour in the Cocora Valley**

A short drive takes you to a traditional coffee finca to immerse yourself in the rich world of Colombian coffee culture. The tour shows the entire coffee-making process, from planting the seed to tasting a freshly brewed cup. Wander through flourishing coffee fields, inhale the fragrant aroma of ripe coffee cherries, and learn about the meticulous care that goes into every step of cultivation. The passionate growers will share their secrets and stories, making this an enriching experience. Of course, you'll have the chance to indulge in a cup of Colombia's finest coffee. Breakfast and included. Total drive time is approx. 1 hour , 30 mins each way



### DAY 17: Back to Bogotá

You will drive through the heart of the Coffee Triangle takes you from rolling hills and verdant valleys to expansive highlands as you ascend into the Andean foothills. The road winds through agricultural fields, charming villages, and lively markets, offering glimpses of rural Colombian life. The scenery shifts to dramatic mountain vistas with sweeping views of the Magdalena River Valley and the Andes. As you approach Bogotá, the climate cools, and the urban landscape unfolds against the backdrop of surrounding mountains. Your day ends with a farewell to Colombia dinner. Breakfast & dinner included. Total drive time 6.5 hours, 300km



### DAY 18 Bogotá to Quito Ecuador

An English-speaking guide will drive you from the car drop off point to El Dorado International Airport for your flight to Ecuador that takes about 1 hour and 30 minutes. An English-speaking guide will drive you from Mariscal Sucre International Airport to your hotel. This private transfer takes about 45 minutes. You will spend 2 nights in **Quito**. Breakfast included



### DAY 19: Quito Activities

Today we take you to see the Puenbo's Antonio de Ulloa School and meet the children and give any donations you have brought for the school. Pencils, books, etc. The local operator has adopted this rural school as part of the Ecuadorian Ministry of Education's Sponsor a School Program. Next is a culinary adventure in Quito's vibrant capital. Start with a tasting at a cosy coffee lab before exploring the Historical Centre. Enjoy a welcome drink at Altamira Experience, then join French-trained indigenous chef Edwin on a walking tour to a traditional food market to gather ingredients. Along the way, visit the main square and an iconic church. Participate in a cooking class, culminating in a self-made traditional lunch and sweets. Conclude at a classic fonda quiteña (small economical restaurant) with a traditional beverage before returning to your hotel. Breakfast and lunch included



### DAY 20: Andean Volcanoes and Indigenous Handicrafts

Today you embark on an road trip from Quito to **Otavalo** where you stay for 2 nights. The first stop is the awe-inspiring Cayambe Volcano. Next, straddle two hemispheres simultaneously at the "Middle of the World" site. Bask in the vibrant atmosphere as you wander through the renowned Otavalo indigenous artisan market, where a kaleidoscope of colours and textures awaits. Lastly, visit the Mirador del Oso Andino project, a sanctuary dedicated to the study and conservation of the elusive Andean spectacled bear. Breakfast included. Total drive time 2 hours, 90km



### DAY 21: The Artistic Wonders of San Antonio de Ibarra

Buckle up and get ready for an unforgettable adventure as you embark on a scenic day trip from Otavalo to Ibarra. As you wind through the picturesque roads of Ecuador, you'll be impressed by the beauty of the surrounding landscapes. Upon reaching Ibarra, take a detour to the delightful village of San Antonio de Ibarra. This charming place is a haven for art enthusiasts, renowned for its exquisite woodwork and talented craftsmen. Admire the intricate details of the sculptures and furniture created by skilled artisans, each piece reflecting the rich cultural heritage of the region. Breakfast included. Total drive time is approx. 1hour, 30 mins, 22 km each way



### DAY 22: Quito

Return to **Quito** on a drive filled with exquisite views of rolling hills, lush forests, and majestic mountains. Breakfast included. Total drive time is approx. 2.5 hours, 113 km



### DAY 23: Lago Agrio

Embark on an epic road trip from the bustling city of Quito to the hidden gem of **Lago Agrio**. You navigate through the diverse landscapes, charming towns, with vibrant local cultures and the panoramic views of cascading waterfalls, meandering rivers, and dense forests. Breakfast included. Total drive time is approx. 9 hours, 471 km



### DAYS 24 to 27 Amazon Adventure at Cuyabeno

Set off on an exhilarating drive from Lago Agrio to the captivating Cuyabeno Bridge. Upon reaching the Cuyabeno Bridge, you are greeted by the promise of an extraordinary Amazon adventure. Step into a canoe, and let the currents carry you into a world of wonder as the **Cuyabeno Reserve** unveils its secrets. At Jamu EcoLodge, your haven for the next four days, you'll explore the heart of nature and encountering exotic wildlife of the Amazon. All meals and activities included. Total drive time is approx. 1.5 hours, 80km



### DAY 28: Recharging at Papallacta Hot Springs

Back the way we came but stopping around 1.5 hours from Quito at the Papallacta Thermal Hot Springs. As you set off, the scenery shifts from dense forests rich with wildlife to meandering rivers reflecting the clear blue sky. Wind your way through mountainous terrain, where the air grows crisper with every turn. Upon reaching the **Papallacta** Thermal Hot Springs, unwind in the soothing waters. Breakfast included. Total drive time is approx. 8 hours, 400 km

### DAY 29: Natural Wonders in Baños

Fasten your seatbelt for an epic drive to Cotopaxi National Park. The journey offers a perfect blend of tranquility and adventure, with the mighty Cotopaxi volcano dominating the horizon. Upon reaching the park, you'll be greeted by a paradise of untouched wilderness, from sprawling meadows to snow-capped peaks. Later, continue your drive and find yourself in the town of **Baños** for 2 nights. Breakfast included. Total drive time is approx. 2.5 hours and 102 kms to Cotopaxi and 3 hours, 149 km to Baños.



### DAY 30: Waterfalls and Swing Adventure in Baños

Spend today exploring the stunning waterfalls of Baños. Start with the famous Ruta de las Cascadas, where you can visit the Pailón del Diablo and Manto de la Novia waterfalls. Rent a bike or take a local chiva (open-air bus) to fully enjoy the scenic route. After marveling at these natural wonders, head to the iconic "Swing at the End of the World" at Casa del Árbol. Here, you'll experience thrilling swings over the edge with astonishing views of the Tungurahua Volcano and the lush valley below. Breakfast included



### DAY 31: Nature and Culture in the Andes

Set off from Baños to the majestic Chimborazo Volcano, then continue to the charming village of Guamote. Along the way, enjoy incredible views of lush landscapes and Chimborazo's towering, snow-capped peak—the highest in Ecuador. After taking in the stunning scenery, head to **Guamote**, where time seems to stand still.

All meals included. Total drive time is approx. 4.5 hours, 175 km



### DAY 32: Wonders of the Palmira Desert

Today's destination is the Guamote Indigenous Market and Community, a vibrant gathering place where ancient traditions come alive. Brace yourself for an explosion of colours, aromas, and sounds as you step into the market's vibrant tapestry of indigenous culture. Engage with local artisans, marvel at their exquisite textiles and handicrafts, and savour the tantalizing flavours of traditional cuisine. Just a short distance away lies the captivating Palmira Desert, a mystical oasis of golden sand dunes that seem to stretch into infinity. Here, you can witness the raw beauty of nature, as the lush valleys transform into a barren desert landscape. You spend the night near **Ingapirca**.

Breakfast included. Total drive time is approx. 3 hours, 150km



### **DAY 33: Unveiling Ancient Wonders at Ingapirca**

You leave behind the barren beauty of the Palmira Desert for the captivating city of Cuenca. En route, explore the enigmatic Ingapirca, a place where ancient Inca ruins whisper tales of a bygone era before arriving in **Cuenca** for 2 nights. Breakfast included. Total drive time is approx. 1.5 hours, 70km



### **DAY 34: Exploring Cuenca's Gems**

Spend a full day exploring the charming city of Cuenca, starting with its UNESCO-listed Historical Centre. Wander through the cobblestone streets, admiring the beautifully preserved colonial architecture. Visit the stunning Cuenca Cathedral, known for its iconic blue domes, and take a moment to soak in the peaceful atmosphere of the surrounding parks. Explore the vibrant local markets, where you can discover traditional crafts, fresh produce, and a variety of local delicacies. This immersive day in Cuenca offers a perfect blend of history, culture, and authentic Ecuadorian experiences, giving you a true sense of the city's rich heritage and vibrant community. A farewell dinner is included tonight before our group departs for home or onto a Galapagos adventure. Breakfast, lunch and farewell dinner included



### **DAY 35: Cajas to Guayaquil and Farewell**

Set off from Cuenca to the Cajas National Park, just a 45-minute drive away. This true gem in Ecuador boasts mist-shrouded mountains and sparkling lakes, each corner exuding ethereal beauty. After soaking in the park's tranquility, continue your self-drive adventure to the vibrant city of Guayaquil with its bustling streets, vibrant markets, and lively atmosphere. Explore historic landmarks and sample local delicacies. We will arrive around 5-6pm so depending on your Galapagos selection or if you are flying home we will recommend and book for you the appropriate accommodation (extra). Breakfast included. Total drive time is approx. 45 min to Cajas then 3 hours, 150km to Guayaquil



### **Optional Galapagos Adventures**

There are many options for the Galapagos. We have offered 3 options or if you have a specific cruise you would like to book our local operator can assist. See Galapagos Extension Page after the Prices and Dates information.





# Prices, Dates...

## Prices... **EXPLORATORY**

## Dates...

28 Aug – 01 Oct 2026 – 35 days

This is an exploratory adventure - This is the first time we have operated this tour so the mindset required is one of patience and flexibility. You need to understand that travelling some parts of South America does not always go smoothly, no matter how well planned.

2 people per car

USD16,240\*per person double/twin share

Prices for a 3rd or 4th person sharing or solos available on request

Car with driver add an additional USD6,534 or USD3,267 per person twin share

\*The prices above are based on the 2026 prices and are based on 2 people per car on a double/twin share basis. 2027 prices to be confirmed. There will be a minimum of 5 vehicles and maximum 7 vehicles (plus support vehicle). Prices are subject to exchange rate fluctuations – please see booking form for all terms and conditions.

**Please do not book flights nor pay for travel insurance until you have been advised that we have received deposits from the minimum number of participants for this adventure to depart.**

Flights need to be arranged to arrive in Bogota, Colombia day 1 for in time for the 5 pm group briefing. You can fly out anytime on day 35 from Guayaquil Ecuador. We can assist with booking additional nights of pre and post tour accommodation.

## Inclusions...

Arrival and departure transfers, flight from Bogota to Quito, vehicle hire (SUV), vehicle insurance (standard), hand held two-way radio in vehicle, accommodation (twin/double), meals as per itinerary (all breakfasts, 15 lunches and 10 dinners included), activities as outlined in itinerary, one way flight from Bogota to Quito, support vehicle, Self Drive Adventures escort and local English and Spanish speaking guide.

## Exclusions...

Airfares return to South America, fuel (approx. USD250 per car), vehicle excess, secure parking & tolls (approx. USD85 per car), food other than listed in itinerary (budget approx USD375-400 per person excluding drinks), any pre-post tour accommodation requested, optional activities (budget USD100 per person), local tips (approx. USD350 per person), travel insurance (medical evacuation insurance highly recommended), visas (if required), vaccinations (if required), any other items of a personal nature and local tips. Car excess and car rental terms and conditions will be supplied separately.



# Galapagos Extension

There are many options for the Galapagos. Our local operator can work directly with you as they understand that everyone has unique preferences, and they're committed to making sure you get what you are looking for. For price indications here are a few examples:

## 8-Day Galapagos Multisport Adventure

This is a non-cruise based option. The days will be full of activities in the water and on land. You will explore the Galapagos Islands with a combination of organised day tours with an English-speaking guide and time to explore by yourself with self-guided packages. From approx USD2,175 p.p. twin/double

## 7-Day Hidden Treasures

This is a non-cruise based option. You will explore the Galapagos Islands through a combination of organised day tours with an English-speaking guide and you will have some time to explore by yourself with our self-guided packages. You will stay in local tourist superior class hotels with private rooms and bathrooms. All tours include some meals, transportation on and between the islands, and activities. From approx. USD2,455 p.p. twin/double

## 5 day/4 night Cruise (Monserrat)

Newly refurbished in 2018, the Monserrat is a beautiful vessel designed to complement an unforgettable excursion to the Galapagos Islands. Guests are comfortably accommodated in ten fully air-conditioned double cabins with low beds, and private bathrooms which have hot and cold water options and glass shower doors. Elegance and attention to detail are on display in fine carpeting, wood-panelled interiors, original paintings, and granite surfaces. The Monserrat's ample social areas include a lounge with a flat screen TV, a bar, dining room, small boutique and three solariums. The yacht is among the fastest power vessels in the Galapagos and creates a comfortable experience for its passengers. From approx. USD3,845 p.p. twin/double

7 day cruises are also available





## Other Information

This section provides you with important information about travelling in South America prior to booking this adventure. As always, if you have any other questions about joining this tour, please don't hesitate to contact our knowledgeable team.

### Mindset...

This is an exploratory adventure. It is the first time we have operated this tour so the mindset required is one of patience and flexibility. You need to understand that travelling some parts of South America does not always go smoothly, no matter how well planned. Things may not happen as quickly as you'd like but it's all part of the adventure and your Self Drive Adventure's escort will do their utmost to smooth out any hiccups during the journey.

### Accommodation...

This is not a 5-star holiday. It is an adventure. We are staying in 3-star accommodation and "best available" along the route. The accommodation will be comfortable and with local South American style. Where possible we are staying in family run accommodation to support the local communities within which we are travelling.

### Vehicles & Convoy Size...

For Colombia the vehicle is the category SUV Intermediate 4WD AT / SUV Intermediate 4WD AT, example Renault Duster 2.0, Suzuki Vitara 1.6 or similar. In Ecuador the vehicle is the category SUV Intermediate 2WD AT or Manual. For example Suzuki S-Cross 1.6L 2WD AT/Manual or similar.

The minimum number of 4x4s in our convoy is 5 and the maximum is 7. This excludes support vehicles. The convoy does travel together for the vast majority of the journey, so you need to be willing to be flexible to fit in with the determined start time each day, stops for breaks etc. There are some days when you can be on your own too. We try to allow breaks for photos, toilet stops, sightseeing, lunch, morning and afternoon tea but road conditions and travel time for the day may affect how long or how many of these we may have.

### Weather...

The temperatures and climate can be quite different depending on the location and altitude during this adventure. Night time temperatures could be as low as 10C and up to 27-33C during the day. Rain could be expected during the tour.



## Activity Level...

We do recommend a good level of fitness for any adventure. This trip is not physically demanding as any walking required is usually a short distance. Some of the activities may involve stairs and uneven terrain but these are optional.

## Flights...

Before booking flights and other arrangements it is your responsibility to confirm with us that we have the minimum number of cars required for this adventure to depart. The flight from Bogota to Quito is included.

## Driving Ability & Conditions...

No off-road driving skills are needed. You drive on the right-hand side of the road (left hand drive). In and around towns the traffic will be busy, but once out of town the roads are not generally busy. We will drive on tar roads, dirt roads, very rough gravel roads. Expect dust and rough conditions to be normal on this adventure. There are some long days when we need to get between destinations.

## Food & Drinks...

See the itinerary inclusions for meals that are included. In general, the food is excellent in quality and variety. Breakfast will be included in the accommodation each morning. Lunch will sometimes be in restaurants, hotel or a "picnic lunch" on the road. Dinners will be in hotel and other restaurants in the towns we visit.

## Support Team...

On this adventure you will be joined by a Self Drive Adventures English speaking escort as well as a local guide who speaks English and Spanish. The decision of the Self Drive Adventure's escort is final on all matters likely to affect the safety, well-being or best interests of any persons participating in the trip.

## Risks & Health...

By participating you acknowledge that the nature of the trip is adventurous, and participation involves a degree of personal risk. Health facilities in South America may not be on par with what would be expected in western countries. We will often be remote and at least a day's drive from the closest town on many occasions. Health risks such as altitude sickness (max altitude 3,500m), Hepatitis A&B, Yellow Fever, Rabies, Typhoid Fever, Dengue Fever, Diphtheria and other health risks affect this region. You should discuss the risks with your doctor before agreeing to join this trip.

